



ENERGY MEDICINE FOR HEALTHY LIVING

WITH **MELANIE SMITH, DOM, AP**

Increase your vitality, effectiveness, and joy in life by keeping your energies balanced and humming! This class will show you how. You will also learn how you can overcome health problems by shifting stagnate, blocked or scrambled energies.

WHAT TO EXPECT -- The class is fun, spiritually uplifting, and offers a wealth of useful tools. You will learn to:

- Keep yourself healthy and resilient with a five-minute daily routine.
- Strengthen your immune system to overcome and prevent illness while reducing pain.
- Increase your vitality and stamina.
- Sharpen your memory and clarity of mind.
- Keep your energies balanced.
- Energy test your food and supplements.
- Energy Medicine will touch your soul and awaken your body, mind and spirit.

WHO SHOULD ATTEND -- **This class is for everyone interested in better health.** For the professional to the layperson. Dr. Melanie is a wonderful teacher. This class will be a pleasure to take and could change your life.

Join us on the **First Tuesday's in 2007**

**March 6, April 3, May 1,
June 5, July 3, Aug 7, Sept 4,
Oct 2, Nov 6, Dec 4**

from 6:30 - 8:30pm

\$10 per session at the door

First Unity Church

469 45th Avenue North

St. Petersburg, FL 33703

For information call Melanie at (727) 522-6515

MELANIE SMITH is a Doctor of Oriental Medicine, Acupuncture Physician, Energy Medicine Practitioner, Licensed Massage Therapist, and Feng Shui Consultant. Her practice Well Within Natural Medicine is located in St. Petersburg, Florida. Dr. Melanie integrates a variety of energetic, emotional, and therapeutic body-work techniques, as well as, homeopathy, herbs and nutritional supplements. Dr. Melanie's work weaves Body, Mind and Spirit to help her patients fully realize a personal vision of wellness. She believes in empowering the patient through education and participation in their own healing process to awaken the healer within. Dr. Melanie is also on the teaching staff for Donna Eden the author of the book *Energy Medicine*. Dr. Melanie travels the country speaking and teaching on The Power of Energy Medicine and just returned from facilitating the Energy Medicine Tour to China. She is a dynamic speaker, teacher, and presenter you won't want to miss. Join us as she helps you explore Energy Medicine and how it can work for you.

**WELL WITHIN
NATURAL MEDICINE**



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